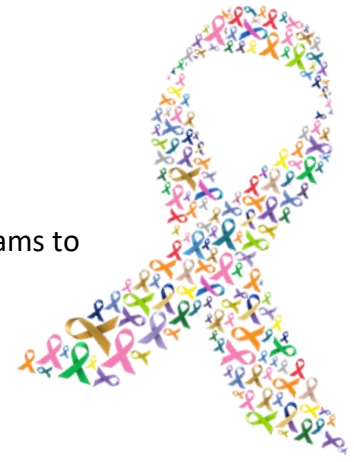


Cancer Resources:

These Southern Arizona nonprofits offer a variety of support services and programs to assist those with cancer and their families from diagnosis and throughout survivorship. Most are free or for just a nominal fee. Contact them directly for more info.



American Cancer Society: Information about cancer prevention and diagnosis, free patient services, financial assistance referrals and caregiver support. [Cancer.org](https://www.cancer.org), 520-321-7989

Arizona Oncology Foundation: Provides free programs and services including wigs/head coverings, bras/prosthesis, integrative therapies, nutritional counseling, transportation to and from cancer treatment, housekeeping services and support groups.

[ArizonaOncologyFoundation.org](https://www.arizonaoncologyfoundation.org), 520-324-2840

ANCAN: We believe in advocacy, support, and education for all, no matter where you live. We offer free virtual support groups, webinars, mental health programming, and adaptable art classes.

[ANCAN.org](https://www.ancan.org), info@ancan.org

Bag It: Tote filled with reliable cancer booklets and guidebook to organize medical info. For anyone with any type of cancer and their families/ caregivers. English and Spanish.

[BagItCancer.org](https://www.bagitcancer.org), 520-575-9602

Bald Beauties Project: Empowering & impacting the lives of children & young adults affected by pediatric cancer. Providing professional photo shoots, teen comfort kits, a bereavement retreat & research grants for pediatric AML. [BaldBeautiesProject.org](https://www.baldbeautiesproject.org)

(Camp) Kesem: Kesem at University of Arizona supports children impacted by a parent/caregiver's cancer with fun, year-round activities, events, and a FREE weeklong summer camp.

[facebook.com/KesemUArizona](https://www.facebook.com/KesemUArizona), 520-222-6835

Cancer Support Community Arizona: Any Cancer, Stage or Age: mental health, healthy lifestyle, education, community events and resource and referral. Statewide. In person locations and virtually statewide. All services are free and provided by professionals in a community environment.

[Cscaz.org](https://www.cscaz.org), info@cscaz.org, 602-712-1006

Candlelighters Childhood Cancer Foundation of Southern Arizona: Candlelighters supports, serves and advocates for children, adolescents and young adults with cancer, their families, long term survivors and bereaved families. Summer camps and other monthly events. [CandlelightersAZ.org](https://www.candlelightersaz.org), 520-777-4911



Check for a Lump: Provides free breast health education, mammograms, testing, and direct assistance to breast cancer patients with wigs, support and resources in Arizona. Check for a Lump will continue the mission work of A 2nd Act with Girls Night Out and other events. CheckForALump.org

Courtney's Courage, Inc.: Financial support for utilities/gas/groceries/rent, Courtney's Angel Paks (customized admission bags), Moms Dinner Out, Teen & Young Adult Support Group, Bereavement Retreat. CourtneysCourage.org, 520-269-9824

Face the Fight: Face the Fight is a non-profit organization dedicated to providing safe, complementary wellness services to patients who are currently or have previously battled cancer. FaceTheFight.com, 210-584-4057

Leukemia & Lymphoma Society: LLS is the leading source of free, highly specialized blood cancer information, education and support for patients, survivors, families and healthcare professionals. LLS.org, 520-207-7525

Loving Hands of Healing Hope: To provide integrative spa services to women and men actively undergoing treatment for cancer. LovingHandsOfHealingHope.org

National Ovarian Cancer Coalition: Provides education, survivor & caregiver support services such as; meal delivery and financial assistance for survivors in active treatment and/or in a clinical trial, counseling services and more. Ovarian.org, 480-977-6462

Quilt For a Cause: We organize the donation and marketing of hand-crafted quilts to raise and distribute funds to organizations that provide treatment, support services and research for breast and gynecologic cancers. QuiltForACause.org, 520-904-0383

Ronald McDonald House Charities: We Provide housing, transportation and support to families while their child is in the hospital. rmhcTucson.org, 520-326-0060

Skin Cancer Institute at the University of Arizona Cancer Center: We seek to bring together innovative research, visionary patient care, and life-changing education and outreach with the ultimate goal of reducing skin cancer incidence. AZSkinCancerInstitute.org, 520-694-2873

Thyroid Cancer Survivors Association: Education and support for newly diagnosed and long term survivors. Local support group, annual conference. www.ThyCa.org, facebook.com/TucsonThyCa, 520-906-8344

Tu Nidito Children and Family Services: Emotional support for children, teens, young adults, and families grieving a serious medical condition or death loss. No cost services in English and Spanish. TuNidito.org, 520-322-9155

Tucson Cancer Conquerors: A healthy survivorship program for cancer survivors and their supporters centered on exercise, nutrition, education, and peer support. Join us for fitness classes, hikes, organic gardening, book groups, monthly lunches and birthday celebrations! YouCanConquer.org, 520-505-1406

University of Arizona Cancer Center: Currently offering 12 Virtual support groups: Breast/Gyn, Metastatic, Men's, Prostate, Caregivers, Leukemia & Lymphoma, Multiple Myeloma, Women and Men's Urostomy group, Living with Cancer, Couples and Praise Dance Support groups. 520-694-1855 cancercenter.arizona.edu/patients/support-education/tucson

Please see other side for additional resources.