



A Time to Heal is a 12-week holistic rehabilitation program designed to help people regain their physical, emotional and spiritual health after cancer treatment. Men and women who have completed surgery and chemotherapy and/or radiation for a first diagnosis of cancer are eligible.

People who participate receive helpful information about healing, training in coping skills and opportunities to ask questions and share insights with others. As a result, they may feel better emotionally and physically and have a greater satisfaction with life and well being.

Funding for this program was provided in part by the Columbus Community Hospital Foundation. For more information or to register for this program, contact the nurse navigator at 402-562-4794.



We are committed to helping you reach optimal recovery. Columbus Community Hospital's Thrive Cancer Rehabilitation Care is here to help cancer survivors physically and emotionally heal from the side effects of treatment so they can recover more quickly and more completely than they would otherwise.

A complimentary one-on-one consultation is provided in order to guide your survivorship care plan, help you achieve your goals and recover the things that cancer and its treatment may have taken away.

To set up an appointment or for more information, please call Rehabilitative Services at 402-562-3333.