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## MY APPOINTMENTS SUMMARY LOG

Use for appointments with your healthcare team, treatments, procedures and tests.

Office Visit  Treatment Appointment  Procedure  Test  Other

Appointment date & time:

Doctor/facility:

Phone:

Address:

Referred by:

Reason for appointment:

Things to bring to appointment:  
*(circle what applies)*

My Companion Guidebook  
Another Person

Insurance Card  
Questions

Medical Records  
Medications

ID  
Co-pay

Recording Device  
\_\_\_\_\_

Updates on your health and medication changes since last visit:

Question #1

Answer #1

Question #2

Answer #2

Treatment/medication(s) prescribed:

Discussed:

Notes/Action Items:

Next appointment date & time: